

CAREER COACHING

Jeeanne Carson Jughes

Helping ambitious senior leaders gain expertise to build successful careers and better organisations

THE CAREER CHECK-IN

If you are ready for the next step in your career, doing a career check-in can help you define what this may look like and ensure you are prepared for when those opportunities arise.

In this fast paced two session coaching programme you will get:

- 1. A debrief of your Myers Briggs personality assessment (that you do prior to the coaching session) so you can understand how you are wired and fired and the styles of work where you will naturally excel.
- 2. A review of your CV with any suggestions for improvements.
- 3. A review of your LinkedIn profile and how you can enhance this.
- 4. Suggestions for raising your profile in the market-place.
- 5. Help crafting a list of key people to connect with.
- 6. Coaching on what the next step up may look like for you.



iNVESTMENT \$795+

Online & in-person coaching programmes available

INTERVIEW PREPARATION

If you have found out you have an interview for a role you have applied for, preparation coaching can be the key to ensuring you maximise your chance of success for senior leader roles.

In this coaching session we will review:

- 1. The job description and what key points you need to take note of.
- 2. A review of the interview panel and your strategy for ensuring you make the most positive impact with them.
- 3. Your unique selling points why you for this role!
- 4. The best way to answer questions you can expect to be asked.
- 5. How to manage any areas of concern / development needs.



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ABOUT LEEANNE



I am a Leadership / Executive Coach providing highly effective coaching / mentoring and advisory support to senior leaders. My certified coaching is backed by 20 years experience as an Executive leader.

I am the author of The Savvy Leader newsletter (published on LinkedIn) and an advisor to a range of organisations on how to make workplaces better.

Accreditations

- Certified Executive Coach (IECL)
- Certified MBTI/ FIRO
- Chartered Fellow HR Institute NZ (HRNZ)
- Institute for Strategic Leadership (various programmes and tools)

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